

# Meal Programs

We provide meals to sheltered and unsheltered homeless three times a day, seven days a week. Meals allow clients to develop relationships with IHS staff and consider services and housing. IHS benefits from Aloha United Way and Hawaii Foodbank's Emergency Food Program credits to meet the increasing demand for meals. We also receive donations from churches and private groups. Donations like these help serve up to 300 per seating (or 900 meals per day) at a cost of about \$900.00 per meal service.

In a joint effort with Hawaii Foodbank on the last Thursday of each month, we host a food drop and distribution at our Sumner Men's Shelter. This effort allows individuals living in the community to restock their pantries with produce and canned goods.

## Sumner Men's Shelter

As of February 1, 2017 - the Sumner Emergency Shelter remains a 24/7 facility and able to host 160 single men, at capacity.

During daytime business hours, non-guests of IHS from the community are welcome to enjoy a free meal, use showers, and have access to mail and other support services as needed.

- Mail Services            Daily 6:00AM - 10:00PM  
   Breakfast: 7:00AM - 7:45AM
- Free Hot Meals        Daily Lunch: 12:00PM - 12:45PM  
   Dinner: 6:00PM - 6:45PM
- Showers & Clothing Daily 10:45AM - 11:30AM



## **Kaaahi Women & Family Shelter**

As of February 1, 2017 - the Kaaahi Women & Family Shelter remains a 24/7 facility and able to host 66 single women and 100 family individuals, at capacity.

## **Kokua Corner**

During daytime business hours, guests and non-guests of IHS are welcome to shop for donated items, including clothing and household items, free of charge through our Kokua Corner mini "thrift shop."

Kokua Corner (Women) Monday's 9:00AM - 11:00AM

Kokua Corner (Men) Wednesday's 9:00AM - 11:00AM

Kokua Corner (Families) Friday's 9:00AM - 11:00AM

Homeless clients experiencing evictions or whose items are stolen while on the streets now have a place to reclaim personal belongings they can call their own once again. Doing so restores hope, offset's the cost of starting up their new lives, and gives guests a chance to rejoin our community with a sense of dignity. We encourage Hawaii's public to give responsibly, and continue to helps those taking action to end their homelessness at no cost.